YOUNG CARERS SUPPORT

| Provider | Description | Who to contact |
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| Carers in Bedfordshire | Young carers can attend Carers In Bedfordshire family events. Check out their <u>What's On</u> guide for what's coming up. Young carers in Central Bedfordshire can apply for a <u>Carers Grant</u> and <u>ID</u> <u>card</u> from Carers In Bedfordshire. | https://www.carersinbeds.org.uk/ For young carers support, contact the Young Carers Team on 0300 1111 919, <u>contact@carersinbeds.org.uk</u> or via the website to complete the online referral form. |
| CBC Young Carers Group | Central Bedfordshire Council offer groups for Young Carers aged 5-17 to attend throughout the year to enjoy spending time with other Young Carers and to have break from your caring role. | If you would like to be added to our Young Carers Groups please email; youngcarers@centralbedfordshire.gov.uk |
| HAF Activities | Central Bedfordshire Holiday Activities and Food Programme (HAF) is available for children who are entitled to free school meals. There are lots of fun activities provided during the Easter, Summer and Christmas school holidays. | Holiday activities and food programme (HAF) Central Bedfordshire Council |

| SEND Local Offer | Our SEND Local Offer contains information about education, health and care services, voluntary agencies, leisure activities and support groups. | https://localoffer.centralbedfordshire.gov.uk/kb5/centralbedfordshire/directory/home. page |
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| The Carers Trust | Carers Trust works to transform the lives of unpaid carers. It partners with its network of local carer organisations to provide funding and support, deliver innovative and evidence-based programmes and raise awareness and influence policy. Carers Trust's vision is that unpaid carers are heard and valued, with access to support, advice and resources to enable them to live fulfilled lives. | https://carers.org/ |
| The Children's Society | The Children's Society provide information and advice on Young Carers support for both the young people themselves, their families and people who work with Young Carers. | https://www.childrenssociety.org.uk/what-we-do/our-work/supporting-young-carers |