

## Curriculum Overview: Physical Education

Year Group	Content overview Cycle 1	Content overview Cycle 2	Content overview Cycle 3
5	Invasion games – football, TAG rugby, netball, hockey  Fitness  Gymnastics	Invasion games – football, TAG rugby, netball, hockey  Dance  OAA	Striking and fielding games - cricket  Athletics
6	Invasion games – football, touch rugby, netball, basketball  Fitness  Gymnastics	Invasion games – football, touch rugby, netball, basketball, hockey  Dance	Striking and fielding games - cricket  Athletics
7	Invasion games – football, rugby, netball, basketball, hockey  Fitness  Trampolining	Net and wall games - badminton  Fitness  Trampolining	Striking and fielding games - cricket  Athletics
8	Invasion games – football, rugby, netball, basketball, hockey  Fitness  Trampolining	Net and wall games - badminton  Fitness  Trampolining	Striking and fielding games - cricket  Athletics
9	Invasion games – football, rugby, netball, basketball, hockey  Fitness  Trampolining	Net and wall games - badminton  Fitness  Trampolining	Striking and fielding games - cricket  Athletics

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