

Curriculum Overview: Physical Education

Year Group	Content overview Cycle 1	Content overview Cycle 2	Content overview Cycle 3
5	Invasion games – football, TAG rugby, netball, hockey Fitness Gymnastics	Invasion games – football, TAG rugby, netball, hockey Dance OAA	Striking and fielding games - cricket Athletics
6	Invasion games – football, touch rugby, netball, basketball Fitness Gymnastics	Invasion games – football, touch rugby, netball, basketball, hockey Dance	Striking and fielding games - cricket Athletics
7	Invasion games – football, rugby, netball, basketball, hockey Fitness Trampolining	Net and wall games - badminton Fitness Trampolining	Striking and fielding games - cricket Athletics
8	Invasion games – football, rugby, netball, basketball, handball Fitness Trampolining	Net and wall games - badminton Fitness Trampolining	Striking and fielding games - cricket Athletics
9	Invasion games – football, rugby, netball, basketball, handball Fitness Trampolining	Net and wall games - badminton Fitness Trampolining	Striking and fielding games - cricket, rounders Athletics

Curriculum Overview: Physical Education

10	Invasion games – football, rugby, netball, basketball, handball Fitness Trampolining	Net and wall games - badminton Fitness Trampolining	Striking and fielding games - cricket, rounders Athletics
----	--	---	--

