

Menu 14 WEEK One	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAINS</b>	<b>Baked Macaroni Cheese with Crispy Onions (15.5g)</b> (Milk, Egg, Soy, Celery, Mustard, Gluten (W)) <b>Garlic Bread (17g)</b> (Gluten, Soya) <b>Salad</b>	<b>Chicken Nuggets (16g)</b> (Gluten (W)) <b>Crispy Cube Pots (21g)</b> (Soya) <b>Baked Beans (15g)</b>	<b>Roast pork Sausages (18g)</b> (Gluten, Sulphites) <b>Roast Potatoes (31g)</b> (Soya) <b>Yorkshire Pudding (10g)</b> (Gluten (w), Soya, Milk) <b>Gravy veg</b>	<b>Beef Lasagne(12g)</b> (Gluten, Egg, Milk, Mustard) <b>Garlic Bread (17g)</b> (Gluten, Milk, Soya) <b>Veg</b>	<b>Pepperoni Pizza (Gluten, Milk)</b> <b>Chips (40g)</b> (Soya) <b>Baked Beans (15g)</b>
<b>VEGETARIAN</b>	<b>Quiche</b> (Gluten, Egg, Milk) <b>Salad</b>	<b>Quorn Balls in Tom Basil Sauce (6g)</b> (Gluten,Egg) <b>Rice (22g)</b>	<b>Quorn Fillet(V)</b> (Gluten) <b>Roast Potatoes (31g)</b> (Soya) <b>Gravy Veg</b>	<b>Neapolitan (V) (25g) Pasta Bake</b> (Gluten) <b>Garlic Bread (17g)</b> (Gluten, Milk, Soya) <b>Veg</b>	<b>Cheese and Tomato Pizza (V) (20g)</b> (Gluten (W), Milk) <b>Chips (40g)</b> (Soya) <b>Baked Beans – (15g)</b>
<b>DESSERT</b>	<b>Selection of Daily Puddings</b>	<b>Selection of Daily Puddings</b>	<b>Selection of Daily Puddings</b>	<b>Selection of Daily Puddings</b>	<b>Selection of Daily Puddings</b>
<b>Specials</b>		<b>Hot Dog Rolls (62g)</b> (Gluten, Egg, Soya), Milk, Rye, Oats, Barley) <b>Wedges (17g)</b> (Soya) <b>Peas (25g)</b>		<b>Breaded Chicken Burger (Gluten)</b> (Inc Bun 30.5g) <b>Beef Burger(24.5g)</b> (Gluten, Soya) <b>Wedges (17g)</b> (Soya) <b>Peas(25g)</b>	
<b>JACKET POTATOES</b>	<b>Jacket potatoes Cheese (Milk) Beans(15g)</b>	<b>Jacket Potatoes Cheese (Milk) Beans(15g)</b>	<b>Jacket Potatoes Cheese (Milk) Beans(15g)</b>	<b>Jacket potatoes Cheese (Milk) Beans(15g)</b>	

